



## Instructional Course Lectures in Degenerative Cervical & Lumbar Spine

Date : 22<sup>nd</sup> November 2013 (Friday)  
Time : 10:00 – 1:00 pm  
Venue : N101, 1/F, New Wing, Hong Kong Convention and Exhibition Centre, Wanchai  
Coordinator : Dr. KK Cheung (Dept. of Orthopaedic Surgery, TMH)  
Dr. Raymond Wong (Dept. of Orthopaedics and Traumatology, UCH)

### Timetable

Time	Topic	Speakers
10:00am – 10:05am	Introduction	KK Cheung
	<b>Lumbar Degenerative Diseases</b>	Moderator: KK Li
10:05am – 10:25am	Assessment of Low Back Pain and Radicular Pain: History, Physical Exam, Psychosocial Issues and Red Flags	Patrick Loisel
10:25am – 10:40am	Lumbar Disc Prolapse: Natural History and Treatment Options	CC Wong
10:40am – 10:55am	Spinal Stenosis/Degenerative Spondylolisthesis, Decision Making and Management Options	KK Li
10:55am – 11:10am	Lumbar Spine Fusion: Indications, Evidence and Technique	KM Sieh
11:10am – 11:25am	Failed Back Syndrome: Management and Prevention	Patrick Connolly
11:25am – 11:35am	Questions and Discussion	

### 11:35am-11:45am **Break**

	<b>Cervical Degenerative Diseases</b>	Moderator: KK Cheung
11:45am – 12:05pm	Cervical Radiculopathy and Myelopathy: Pathology, Clinical and Radiological Assessment	KK Cheung
12:05pm – 12:20pm	Cervical Myelopathy: Management Strategies and Surgical Techniques	Manabu Ito
12:20pm – 12:35pm	Cervical Radiculopathy: Management Strategies and Surgical Techniques	Todd Albert
12:35pm – 12:50pm	Neck Pain and Management	SW Law
12:50pm – 1:00pm	Questions and Discussion	
1:00am	Course adjourn	



# THE HONG KONG COLLEGE OF ORTHOPAEDIC SURGEONS

## INSTRUCTIONAL COURSE LECTURES IN DEGENERATIVE C E R V I C A L & L U M B A R S P I N E

Date: 22 November 2013 (Friday)  
Venue: Room 104-105, 1/F, New Wing, Hong Kong Convention and Exhibition  
Centre, Wanchai

For official use only

Registration No.:

Date Received:

### REGISTRATION FORM

( Please put a "✓" in appropriate box and fill it in BLOCK LETTERS )

Title:  Prof.  Dr.  Mr.  Ms.

Surname: \_\_\_\_\_ Given Name: \_\_\_\_\_

Chinese Name: \_\_\_\_\_ Position: \_\_\_\_\_

Hospital / Practice: \_\_\_\_\_ Department: \_\_\_\_\_

HKCOS Category:  HKCOS Fellow  HKCOS Trainee  Others: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Contact Telephone: \_\_\_\_\_ Facsimile: \_\_\_\_\_

Contact Email: \_\_\_\_\_

#### REGISTRATION FEE

**HKCOS Trainees: HK\$300 and HKCOS Fellows: HK\$600. Late registration or on-site registration fee would be HK\$400 for Trainees and \$800 for Fellows.**

Application Deadline: **11 November 2013.**

Registration will be made on a first-come-first-served basis and NO refund will be made after registration

#### PAYMENT

A cheque or bank draft No. \_\_\_\_\_ in HK\$ \_\_\_\_\_ made payable to  
"THE HONG KONG COLLEGE OF ORTHOPAEDIC SURGEONS" is enclosed.

**I hereby agree with the terms & conditions above.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please return the completed form with payment to:**

Secretariat  
The Hong Kong College of Orthopaedic Surgeons  
Room 905, 9/F  
Hong Kong Academy of Medicine Jockey Club Building  
99 Wong Chuk Hang Road  
Aberdeen, Hong Kong

Tel: (852) 2871 8722 Fax: (852) 2873 4077 E-mail: [hkcoss@hkcoss.org.hk](mailto:hkcoss@hkcoss.org.hk) Website: [www.hkcoss.org.hk](http://www.hkcoss.org.hk)